

Health and Wellbeing Steering Group Meeting

Tuesday 18 September 2018

10am – 12 noon

Notes of meeting

In attendance: David Reeves (PPG, Avenue Surgery & Health and); Bernice Robbins (Carers Champion); Deborah Gogarty (OP Champion and Chair); Jacqui Abbott (Wilts Council); Andrew Day (Alzheimer's Society); Ellie Simmonds (Quality Manager, Avenue Surgery).

Apologies; Pip Ridout (Wilts Council, Area Board rep); Babs Harris (Alzheimer's Society); Sue Fraser (Warminster Town Council)

1. Welcome, Introductions

Deborah (Chair) welcomed everyone to the meeting. There was a discussion about the remit of the group and relationships to other forums in the town. Jacqui talked about the history & the remit of the group. The group agreed that it would be useful to explore the relationship with other organisations further and agree who should be around the table.

2. Notes and matters arising

The notes of the last meeting were agreed. However, there seemed to be some confusion around Alzheimer's Society and Alzheimer's Support. It was agreed that David Reeves would liaise with Andrew Day regarding this and circulate the information

Action David Reeves / Andrew Day

Jacqui Abbott to talk to Sue Fraser and the Town Council about linking events. Jacqui reported that links were made whenever possible with the Town Council and other organisations, including the forthcoming Family Learning Festival.

JA to circulate the spreadsheet of activities that Deborah Gogarty collated.

JA to send JSA link to the group also.

David has spoken to both schools (Warminster and Kingdown) regarding the transport research project – he was waiting to hear following the new term.

3. Updates:

- a. Carers Champion There was now a Mental Health Carers Group at the MS Centre – a 2 hour drop in on Tuesdays, already well attended. Bernice and Teresa Bridges (AWP) were now looking at setting up an ex-military veterans group. Bernice is also working with Carers Support Wiltshire.

- b. OP Champion – DG attending various groups, e.g. Stroke Association, Codford Café, NCS etc. Questions are how are people referred to such organisations and funding. Very uplifting groups but trying to locate those who don't attend but would benefit is difficult.

Also met with Dorothy House and they have broadened their strategy to “enabling the community” to help themselves. 22 October, 11am to 1pm - John Davis will be walking around Warminster to raise awareness of the organisation.

- c. Dementia Centre – no update received but the new centre is open. There is lots of joint work ongoing with the organisation who are very supportive in the local community (see Men's Shed below)
- d. Avenue Surgery – Blood clinics drop in on Mon, Wed, Fri – working well now. Flu clinics more complicated this year based on over and under 65. Advert in journal – first letters are now out. Some may need to wait as vaccine comes in batches, but the message remains that the jabs are very important to have. Improved access – later in evenings and weekends. Some items are not available on prescription anymore – can be bought more cheaply. Quite a complicated process. This is a CCG initiative.

4. Future Projects

a. Warminster Shed

Jacqui reported on the recent shed meeting which was held to set up the Warminster shed. Frome and Westbury shedders attended and gave some inspirational stories. Four people then went on to form the new Warminster Shed. There is a further meeting on **Tuesday 2 October** 11am at the Civic Centre to appoint to the committee. Babs Harris from Alzheimer's Support had made available the space for the shed next to the Dementia Centre and also offered a wooden shed. This was an excellent prospect with scope for cross over of service users and shedders.

b. HWB on the radio

There had been an idea for some time for a slot on Warminster Community Radio to allow different groups and organisations to present short, snappy pieces of advice and information on their services. Maybe some pre-recorded and some instant news.

JA to chat to BM about taking this forward.

c. DAA / Safe Places

JA reminded group that we are also the Dementia Action Alliance for the town. The alliance members needed to be reminded of their duties and admin was required on the website. Deborah volunteered to talk to Alexandra Baker from Alzheimer's Society to improve the DAA in Warminster.

d. Volunteering Fair

There were plenty of ideas for a volunteering fair – exchange of information - stalls with volunteer opportunities and volunteers coming along to become volunteers – **Viva**

Volunteering! The date should tie in with National Volunteering week 1 – 7 June 2019. It was agreed to merge this with the annual Health Fair and the group would think about how this would work.

5. **Health and Wellbeing budget:** The budget for Health and Wellbeing initiatives was £7, 700. If the Area Board agreed funding for the suggested projects, the remainder would be £6,412.

6. Funding Recommendations:

Two projects were recommended for funding (subject to Area Board agreement):

- a. Meetings and Events Co-ordinator – this role would be for 2 hours per week only @ £9.50 per hour to include all costs. The total was £988. The role would be to support all of the administration and co-ordination of the Health and Wellbeing group including meetings and events – see role description attached. Babs Harris has agreed that Alzheimer’s Support would be the employer and the role could work out of the Dementia Centre. It was felt that this would be an ideal solution which would encourage organisations to work together on the health and wellbeing priorities.
- b. A second amount of funding was agreed for the Health and Social Care Forum network meetings which would cost £300 for the whole year. This group acted as the wider forum for the Health and Wellbeing group. It was a useful networking and information sharing meeting for professionals and charity groups covering the Warminster area.

AOB

Family Learning Festival – October half term – “Try it here, take it home”

Health and Volunteering Fair – **1 June 2019 TBA**

Friday is Alzheimer’s Day – a new Carers Group at Whitehorse Surgery – monthly for Carers of people living with dementia – 10.30 – 12 open to all, refreshments

Side by Side service for people living with dementia – free service – can be local, in own home or by telephone. Includes dog visits!

Self-referral from anywhere.

The Chair suggested that a Communication Strategy would be useful and David volunteered to put a few notes together as his background was in communications.

Appendix I: Warminster Area Board Health and Wellbeing Group

Meeting and Events Co-ordinator

Hours 2 per week = £988 Gross (£9.50 per hour)

The role will act as the co-ordinator to support the steering group and wider forum meetings along with additional health and wellbeing meetings and events. The role will also support the priority initiatives and projects.

The role will include:

- Preparation of agendas, papers & notes for the Steering Group.
- Event management for the wider forum and Health and Wellbeing events to include venues, organising refreshments, invitations & publicity. Examples include Warminster Joint Strategic Needs Assessment; Warminster Health Fair, Volunteer Fair, support for Health and Wellbeing themed Area Board meetings.
- Take forward the Health and Wellbeing priorities and themed project groups as and when required (e.g. transport, loneliness and isolation, information and advice DAA, Warminster Shed)
- Supporting the Health and Wellbeing Champions as required
- Work with the Community Engagement Manager in Health and Wellbeing activities & initiatives as required
- Supporting a joined-up approach to Health and Wellbeing in Warminster and the surrounding villages